













Montessori House of West Linn

Lunch Menu



	<i>Week 1/Week 3</i>	<i>Week 2/Week 4</i>
Monday	<ul style="list-style-type: none"> ● Garlic rice and Sausages ● Broccoli ● Peaches 	<ul style="list-style-type: none"> ● Macaroni and cheese ● Green beans ● Berries 
Tuesday	<ul style="list-style-type: none"> ● Turkey sandwich with lettuce and tomatoes ● Oranges 	<ul style="list-style-type: none"> ● Sun butter and jelly sandwich ● Carrot sticks, Cucumber slices ● Banana 
Wednesday	<ul style="list-style-type: none"> ● Chicken nuggets ● Corn salad ● Apples 	<ul style="list-style-type: none"> ● Eggs & Vegetable Fried Rice ● Pineapple 
Thursday	<ul style="list-style-type: none"> ● Pasta with marinara sauce and meatballs ● Peas ● Pineapple 	<ul style="list-style-type: none"> ● Sausage Pizza ● Vegetable salad ● Apples 
Friday	<ul style="list-style-type: none"> ● Grilled cheese ● Carrot sticks ● Banana 	<ul style="list-style-type: none"> ● Sub sandwich (Ham, cheese, lettuce and tomato slices) ● Oranges 

*Lunch menu will repeat every two weeks

**Fresh 2% milk will be served everyday with lunch. Fruits served each day may be subject to change.





Snack Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
AM	<ul style="list-style-type: none">● Pancakes w/ grape jelly	<ul style="list-style-type: none">● Cheerios with milk	<ul style="list-style-type: none">● Toast w/ butter and jam	<ul style="list-style-type: none">● Vanilla yogurt and berries	<ul style="list-style-type: none">● Bagels with cream cheese
PM	<ul style="list-style-type: none">● Crackers and cheese	<ul style="list-style-type: none">● Cheese-its and raisins	<ul style="list-style-type: none">● Pretzels and sun butter	<ul style="list-style-type: none">● Animal crackers and milk	<ul style="list-style-type: none">● Hummus and vegetable (sticks and slices)

* Our snack menu follows a weekly repeating cycle and is provided to children during after-care.

